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# Northern Brewer

THE NEWSLETTER OF THE GREAT NORTHERN BREWERS CLUB MAY 2017

## The Prez Sez

#### by John Trapp

f you couldn't tell, our creative newsletter editors poked a little fun at me this monrht by using and old picture of me. I'm quite sure this was taken at a GNBC event at the Goose. I do know the picture was taken in February of 2002, so use your imagination.

I hope April was as productive for you as it was for me. I managed to get two batches of beer brewed; one being my JAB (Junior Alcohol Beer) the blonde ale that I brought to the April meet-



ing and the other being a Pear Wine that will take another month or two before I find out the quality of it. Hopefully everyone is brewing up the session beers we talked about at the meeting, it's going to be a hot summer and we all need easy drinking beers for a few months. Here's the three month calendar of events.

May 6<sup>th</sup> – Brew-a-Thon at Kevin Sobolesky's Parents home on Jade Street.

May 16<sup>th</sup> – Monthly meeting at 49<sup>th</sup> State – 7:00 p.m.

May 26th & 27th – Haines Craft Beer Festival in Haines, AK – Road Trip!

 $June \ 10^{th}$  – Alaska Run for Women, join the Brewbies. See Julie's article for more info.

June 16<sup>th</sup> to 18<sup>th</sup> – Summer Camp out at South Rolly Lake Overlook Shelter. It's at the end of the Nancy Lake Parkway.

July 11<sup>th</sup> – Summer BBQ at Jeff and Cathy's house on Lake O the Hills.

July 15<sup>th</sup> – E.T. Barnette Homebrew Competition in Fairbanks (Fox, AK)

At the April meeting, we had a special guest that came up from Madison, Wisconsin. Mr. Robin Shepard was up in Anchorage back in 2000 when he stumbled into Humpy's and sat with a "bunch" of GNBC'ers during a drinking event. One member that invited Great Northern Brewers Club PMB 1204 3705 Arctic Boulevard Anchorage, Alaska 99503

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him to sit with them, and later gave him a flightseeing tour was the Late Larry Williamson. Most of us that knew

Larry would all agree that this would have been a Larry thing to do. Robin said that the whole week he was here GNBC members took him out to brew pubs, made sure he had plans for his evenings and had someone to enjoy beer with. Here's another example of good old Alaskan hombrewery and beer lover hospitality.

That hospitality inspired Robin to get into the beer writing business and he's written three books so far. If anyone is ever in Madison and needs recommendations for

beer, please call or e-mail Robin and he'll gladly steer you in the right direction. Anyone that brings three bottles of New Glarus Belgian Red to a GNBC meeting can't be a bad guy.

If you're reading this, Brew-a-Thon is this Saturday on May 6. We'll be back at Kevin Sobolesky's parent's home. See Kevin's article on the event. Also, please consider volunteering for set up, clean up, cooking or any other task that needs to be addressed. This is a great opportunity to brew up a batch of session beer, more specifically the JAB's we've been talking about. Remember, you

all promised to brew at least one batch of beer a year?

The Haines Craft Beer Festival is on May 26 and 27 this year. If you wish to enter any beers in the homebrew competition but won't be going, you can bring them to the May meeting and Carl Morgan will take them with him. He will also check with Petr and Lisa at Arctic Brewing Supply for any entries dropped off there before May 18.



The Brewbies are back. Julie McDonald is putting together a team for the Alaska Run for Women if you

would like to participate in the fight against breast cancer. This event is on June 10<sup>th</sup> and raises money for breast cancer research. Please read Julies article on this.

The summer campout will be at South Rolly Lake Overlook shelter on June 16 thru the 18. It's a new spot for us and the weekend should be a great time. So bring the RV, travel trailer, pick-up truck or tent. It's right on the water and not too far from Anchorage. In fact, just take the Nancy Lake Parkway to the end and you'll find us on the left. Peter has an article on this with a map.



The July BBQ at Jeff and Cathy's house up on Lake O' the Hills will be on July 11. GNBC thanks the Loughrey's for having us back to enjoy their home on a nice lake where my boy caught his first fish.

July 15 is the E.T. Barnette Homebrew Competition in Fairbanks. Scott is always looking for judges and the quality of the beers is usually excellent. This year the selected categories are pretty nice, so it's definitely worth a trip north.

This month "Meet Your Local" article features Pamela Hatzis, owner of the fabulous La Bodega Liquor stores. Remember, be safe and drink responsibly when out and about and keep those carboys filled. Until next month, Cheers.

# Secretary's Corner

by Jim O'Toole

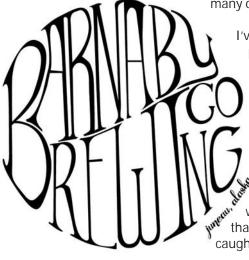
A couple of years ago I was selling raffle tickets at a GNBC meeting. As always happens when I'm walking between tables at our fun, informative and sudsy events, I was offered a beer at every stop. Turning all of the offers down wasn't something I WANTED to do; I had been told by my doctor that I had something going on that would necessitate me laying off alcohol for a while until I was back to normal. I can tell you right now that jokes regarding what is "normal" for me would be wasted as my sons have already laid all of them on me so don't even bother.

At one of the tables - when I explained that my doctor had said, "No beer," - one of the guys at the table looked at me with absolutely no levity on his face and said, "I think I'd find a new doctor." I know he was joking and it was a good joke but what I discovered is that it is really difficult for me to hang around good beer and not be able to partake. I left that meeting early and went home to wait for the MD's okay to get back to enjoying my favorite libation.



So, what do you do when confronted with this? Follow doctor's orders or cheat a little bit just to keep the old whistle wet and your palate active, or trust that a medical professional knows what he/she is talking about?

Recently I've been going through the same torment and this time it's lasted a little longer than that first time. Getting old really sucks. I know you have all heard that before but, with the exception of maybe John Craig, not many of you in the GNBC know what "old" is yet, so let me tell you: getting old sucks.



I've been dealing with a urinary thing for a while now and recently had a surgical procedure done that, to break it down to as simple terms as possible, involved a roto-rootering of the interior of my prostate gland to open things up a little and get things flowing like they are supposed to. We all know how fast fluids, and especially beer, can move through the human body and, when things get stopped up, it can get serious if not dealt with when the symptoms first show up. There are kidneys in that bodily system and they don't like to be toyed with. So far my kidneys have not seemed to be too concerned about what is going on and that is one positive thing I've taken from this.

During my annual physical, I was lucky enough to have a doctor recognize what I was talking about and order an ultrasound test of my bladder where it was shown that something was keeping it full even after I felt drained. She is hoping that we caught this before those kidney's get pissed off and it may have quit working.

Were you all expecting some rosy, happy talk here at the beginning of what we hope to be a beautiful summer? I'm hoping that it'll be a rosy summer too as I have a bunch of beer in the house and it isn't going to drink itself. And, NO, I am not giving it all away. Don't ask.

I brewed a pretty nice Rye Pale Ale a while back and I have about 30 of them left. The first Saison I've ever brewed is aging after I bottled it a couple of days before Kathy and I headed to the big island for our annual April holiday and I am really looking forward to getting home and getting a taste of my first foray into brewing one of my favorite beer styles.

All of this medical stuff began in February and it was hoped that it would be cleared up in time for Kathy and me to not have to change anything during our annual April trip, and, oh, how I wish that had been the case.

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I won't go into the nightmare story of the flight over but suffice it to say that pressure changes in an airplane getting up to and down from 30 thousand feet can wreak havoc on a fragile urinary system. This time it was to the point of me wondering - when we were about 30 minutes out of Portland - if I was going to have to be the cause of the plane being turned around. I toughed it out though and am sitting here typing this in a condo in Kailua - a five minute walk in one direction to the Kona Humpy's and a ten minute walk in the other direction to Kona Brewing's wonderful brewery/restaurant as testimony to my survival.

The new brewery Kona Brewing is planning here on the mainland isn't even under construction yet. The sign that says "Future Home Of The New Kona Brewery-Coming Early 2018" still sits in an empty lot exactly like it has for the last couple of years and the word is that they started a new brewery in Portland and don't have the assets to start this one at the same time. They are shooting for "sometime later in 2018." If you've spent any amount of time in Hawaii you know what "Island Style" means and, in this case, it simply means that they'll get around to building the new facility when they get around to it. No pressure, brah.

Anyway, I'm past the medically ordered pause in my beer consuming but, strangely, have found that my urge to drink beer and, especially the seeking out of new ones, has waned a bit. Maybe it's the contemplation of my mortality. Maybe it's just my body telling me to take it easy for a while until it straightens itself out. It can't possibly be a permanent psychological loss of the craving for beer can it? All I know is that this has not been a fun time for a beer lover and I hope that all of you get through life without having to deal with anything like this.

The bottom line is this: see your doctor on a regular basis and, if you sense anything happening with your body that doesn't feel right, tell him or her about it right away. Maybe it will be nothing to worry about but maybe it will be. Maybe you will have to lay off drinking for a while and maybe you won't. The one thing I am sure of is that by taking care of it early your time on a mandatory beer hiatus might not be as long as mine. Or as miserable.

#### **UPCOMING EVENTS**

#### May 6

Brew-a-Thon Kevin Sobolesky's Parents home on Emerald Street

#### May 16

GNBC Monthly meeting 49th State 7:00 p.m. Come early and help set up. Stay late and help clean up. Bring some munchies to soak up the beer.

May 26th & 27 Haines Craft Beer Festival in Haines, AK

**June 10** GNBC Brewbies Run Alaska Run For Women

June 16-18 GNBC Summer Campout South Rolly Lake Overlook Shelter

July 15 E.T. Barnette Homebrew Competition Fox, Alaska 10 AM - ??



BREWING COMPANY

Tever Setti



## Meet your local

#### by Kat Karabelnikoff

3 ack when craft beer or imported beer was really taking hold I would go to La Bodega when it was in the University Center just to find something new. I was a culinary arts student at the time.

La Bodega's all grown up now with three locations, two of which are in Anchorage and one is in Girdwood.

I'm sure most of you reading this have spent time getting growlers filled at the growler bar or browsing coolers and aisles in La Bodega looking for a new craft beer or familiar favorite in one of the locations. The original location was in the University center. The current flagship location is in the Metro Mall and just passed five years there. The "Mini-Bo" is next to REI in Spenard and finally, there's a small La Bodega in Girdwood.

I know over the years we have watched this small craft store grow into an iconic establishment that proudly founded its self on selling only craft beer, fine wine and high end spirits.

Owner Pamelaela Hatzis is recognized for always trying to bring new and unique items to the Anchorage market. We love her for this because the untold variety - with all of the new offerings right of front - appeals to us craft beer lovers.

As a fellow craft beer drinker and a woman, I was excited to talk to Pamela about her experience with purchasing what was originally Yukon Spirits and turning it into what La Bodega is today. Due to our schedules we were unable to

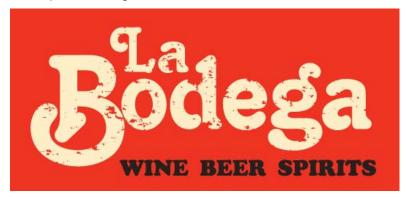


meet in person, but we had a nice chat on the phone before she was to open the Girdwood store for the day.

Pamela told me it all got started with a part time job, working for Yukon Spirts as she was already in the food service industry, but really enjoyed learning about beer. She knew she wanted to own a small business one day.

At one time she mentioned working multiple jobs having worked in serving fine dining, substitute teaching and working at the store. She was able to purchase Yukon Spirits in 2006 and renamed it La Bodega but kept the spirit of the love of craft beer and the joy of bringing in new stuff all the time.

I was curious as to if Pamela was always into beer or if it just came about. She said with already being a server - and having worked at the store - she knew about beer, but noticed that restaurants didn't really serve much craft beer or have much variety. She hoped for change.



I asked if she had a favorite all time beer. "No, there are just too many amazing beers," but we found we both have an appreciation for the "Duchesse," which is a Flanders red ale and amazingly sour.

Pamela joked about people coming into the store in the early days and would buy a sour beer, not knowing what they were getting into. After having people call and complain that the beer they'd just bought was sour or spoiled, she and her employees started asking patrons, "you know that's sour, right?"



Much has changed Pamela says that now people come in looking specifically for sour beers and ales. She likes seeing how things have come full circle and how people are consuming more craft beer. It isn't all about lagers anymore or the main stream, not that there are not any good lagers out there but there is so much more variety today.

As a beer enthusiast I feel like we owe some thanks to Pamelaela for the creation of La Bodega and bringing amazing beer to the people of Anchorage. She has created a unique store and brought together an amazing team of people who are passionate about beer, sake, wine and spirts. I personally don't know Pamelaela very well but we have interacted over the years either at the store, a GNBC event, or some other beer related function. She has always been super helpful and friendly.

I remember finding out that La Bodega was offering the Mikkeller single

hop series through an email newsletter and I was so excited to try it. I was just getting into brewing beer and the idea of being able to try each individual hop would be beneficial to me. I called the store and she was happy to reserve one the sets for me. I was so thankful that I was able to try that series. That experience inspired me to brew more beer.

I asked Pamelaela what new beers we might see this summer. She said that she and her staff had just tried some new Australian beers and that she was looking forward to having those come in the next few months. La Bodega is also doing different beer tastings at the Mini-Bo each month. Information can be found on their website.

Finally, thank you Pamelaela for taking the time to talk with me and share your story. You're an inspiration. There are many others including me that hope to start small businesses within the craft beer or a similar industry. It is nice to see a great success story, although I know with successes come challenges.

My last question to Pamelaela was what would you say to someone hoping to get into this industry whether it is a brewery or retail?

She said never assume that you know how things will go. In this industry people include those who serve the Alcohol Control Board and Community Councils and many others that don't look in the industry the way we do. She said - in her forever positive way - always stay positive as one business's success is a success for everyone in the community and in the industry.

It's important now more than ever with Alaska's economy the way it is to support our locally owned shops and breweries. Together as a whole community we can help this industry grow. Pamelaela's a great example of this.









## **Anchor Town Invitational Homebrew Competition**

#### by Mike Fisher

With spring showers and May flowers on the way, it's time to start planning ahead for fall beers. As part of that planning, I hope you are thinking about entries to this Fall's Anchor Town Invitational Homebrew Competition.

This year we're planning to move the competition ahead a bit so it's a bit more fall-like. The current plan—subject to final confirmation—is to hold judging on Sunday, October 8 at King Street Brewing Company. Entries will be accepted the prior weekend, on September 30, at Arctic Brewing Supply. These dates are tentative but will hopefully get your planning started to make sure your beers are at their prime for the contest.

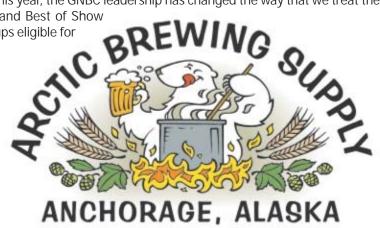
We will judge according to the 2015 BJCP Style Guidelines. This year, the GNBC leadership has changed the way that we treat the GNBC Homebrewer of the Year (HBOTY) award program and Best of Show (BOS) judging. All beer styles will be accepted, but style groups eligible for HBOTY points and the BOS round are:

#### Styles eligible for HBOTY and BOS: Wild/Sour/Brett IPA/Pale

Lager Stout/Porter

#### **Styles eligible for BOS:** Belgian/French

Imperial (8% and up)



We will not have extra points for a side challenge, but I am calling for a theme of "Harvest Beers." Whether that brings to mind pumpkins, incorporation of fall harvest items, an autumn saison, give some thought to what you think makes for the perfect harvest-time libation. Please specify if you are entering your beer in this category (in addition to the base style) and if we have sufficient interest I will recognize the winner of the side challenge.

Please stay tuned for confirmation of dates/times and any other information in the coming months. If you have any questions, send me an e-mail at <u>AnchorTown@fisherak.com</u>.

Happy brewing!



## **Brewathon 2017**

#### by Kevin Sobolesky

his year's Brewathon will take place on Saturday May 6<sup>th</sup>, starting at 8 AM at 9551 Emerald Street in south Anchorage.

Brewathon is a GNBC Club function where homebrewers gather to brew beer, share their skills, knowledge, and share a homebrew or two in a lively social gathering. It's an outdoor event, and over the years, we've experienced all sorts of weather including glorious sunshine, blowing rain, sleet, snow and wind, so come prepared with comfortable clothing that will get you through a day of often changing weather. We'll have some chairs, but if you prefer your favorite camp chair or other seating, haul it along.



Kids and pets are welcome too, but consider that Brewathon is busy, often crowded and creates an area with open flames and large vats of boiling liquid, so keeping pets and children in control is an absolute necessity.



Anyone interested in bringing their gear and brewing a batch is welcome. But you don't have to be a brewer or own homebrew equipment to participate or just come by to socialize. Anyone who wants to observe and learn about beer making is certainly welcome; this is an educational event as much as it's a social gathering. Random passers-by and stray pets are welcome.

As is tradition, we will be grilling up many savory treats and food items. We encourage attendees to contribute to the potluck with a side dish for your fellow brewers.

Free yeast will be available for people to use to inoculate your beer for fermentation. The club will be providing a neutral Ale yeast if you don't bring your own to customize your recipe.

The event is being held at 9551 Emerald Street. This is at the very west end of Dimond Blvd. in South Anchorage between Jewel Lake Road and Sand Lake Road.

Turn onto Emerald Street heading south (left turn if you're heading west coming from Jewel Lake) and it's the one-story split level where Emerald Street ends at Jade Street. We will have some extension cords for pumps as well as a network of garden hoses for cleaning and filling. Note that we will have a carbon filter on the hose bib, but separate hoses for cleaning, so if in doubt, please ask "is this water dechlorinated?" We have no desire to produce any chlorophenols if we can help it.

We will start setting up at 8 AM, with the invocation and kick-off at 9 AM, and tear down and clean up at 5 PM.

If you are interested in teaching or mentoring a new brewer, please email me at <u>metkonig@gmail.com</u> with the style of beer you are making. Let me know if your recipe is all-grain or extract, and how many people you would be interested in hosting. It's fun and



satisfying to share our hobby with new people, and there are people out there who don't even know they want to brew their own beer yet. Let's give them the chance.



Likewise, if you are looking to be taught how to brew and/or have no gear, please email me at <u>metkonig@gmail.com</u> and I will do my best to set you up with a brewer and/or gear.

Brewathon is also a great place to get feedback on your homebrew or commercial brew, for that matter. We will have numerous beer experts and ranked beer judges to give you careful, thoughtful, and most of all, thorough, feedback on your brews. If you don't know what went wrong, or what hard-to-articulate character should be there, someone at Brewahon can help you out, so bring along your own brew or commercial brew to share.

Please be considerate of the neighbors when you park nearby. Avoid blocking mailboxes and driveways. There should be plenty of spots along Jade, Emerald and Byrd lane. We'll maintain room to temporarily pull up to offload as well.

If you wish to volunteer to help set up or clean up, please let me know. We can't have the event without some helping hands.

If you have any questions, shoot me an email at metkonig@gmail.com

## Summer Camp Out!!!

#### by Peter Hall

The snow is melting and I'm sure I'm not the only with an itch to get outside and recreate! You have a solid opportunity to recreate with all of your brew club friends in the middle of June. This year's Summer Camp Out will be at the South Rolly Lake Overview between June 16-18.

I worked to try and find some new venues for the brew club summer camp out and the South Rolly Lake Overlook came to the top of the options. I'm personally excited to have a weekend planned in the Nancy Lake State Recreation Area. My family has been using this area for weekend fun for at least as long as I've been around. There are a ton of lakes, streams, and variety of fish to find in the area. There are small lakes to take the your non-motorized crafts on very close by, and within just a few miles there are large lakes to take the jet ski's or to do a bit of water skiing.

The space that we have reserved is a large pull out just off of Nancy Lake Parkway. There are two picnic pavilions and a large vault outhouse. It should easily accommodate all those that would like to participate. I was expecting around 35 or 40 people, but there is room for at least a few more. We may be a little close, but that has never dampened our fun before. I think I'm one of the few crazy ones that prefers to be in a tent anyways.

Please join other GNBC summer campers on June 16-18 at the South Rolly Lake Overlook shelter. Our group will be able to coalesce Friday evening, you will have all Saturday to recreate, and then we can share a potlach dinner on Saturday night. I was hoping the theme to be less common proteins. Basically, no chicken, beef, or pork. We have a lot of proteins available to us that I hope we can experiment with. I was figuring I would get some yak meat.



I'm looking forward to a summer full of sun and cold Alaska water. I hope to see you all at South Rolly Lake!

## Sud's Corner

#### by John Craig

This morning I had m y seventy-fifth yearly physical. I wonder if I'm in better shape than Jim O'Toole. According to this month's Secretary's Corner that he wrote, I just might be.

Now that I'm fully recovered from my 75th birthday celebrations that seemed to go on the entire month of February, I could see the doctor. He told me to keep on doing what I've been doing. I passed with flying colors. The doctor did say to cut back from a growler a day to two pints a day and avoid getting drunk. This is good advice for me.

On our way home, Rose and I stopped at Denny's to have our AARP senior discount breakfast. This is agood deal when you're on a senior budget. We noticed a new menu. Denny's is now serving beer and wine after 11 am. I didn't get a chance to see what was on tap.



Over the weekend - on a nice sunny day - we took a drive down to Alyeska in Girdwood for the Slush Cup Spring Carnival. . I always love watching the crazy skiers. On the way home, we stopped at the new Girdwood Brewing Company. What a great location. It's like being in the woods with lots of spruce trees, and a super nice view of the skiers on the mountains.

I shook hands with the co-founders Josh Hegna and the twin brothers Brett and Rory Marenco. Those two are the head brewers. They told me about their years-long dream of starting a brewery. It all started out as a hobby and became a passion.

With three beers on tap and a zip Komucha, I enjoyed the unfiltered IPA, a refreshing Kolsch -my favorite - and a roasty oatmeal stout with K-Bay Coffee from Homer.

It was a fun weekend and a short drive from Anchor-town. I usually never make it past the Brown Bear Saloon, one of my favorite dive bars in the state. I sure do like to mix in with the locals.

Flashback to the early 1970's: During my hippie days, life was a lot simpler. We didn't have smart phones. People would talk at the bar. I could count the choices of beer on my fingers and toes. Now days I get lost in the liquor store and could spend hours looking at all the different brews on the shelves. There are so many virgin beers to explore in my lifetime, I wish I was younger. I'm like a kid in a candy store.

This coming Memorial Day weekend, Rose and I - and our dog Brewer - would like to invite club members to our Talkeetna campsite for a get together. We have lots of room for tent camping, limited spaces for RVs and campers and three outhouses to keep everyone happy.

As Rose and I get older, we could use some help around the camp. No days, I have a hard time doing things. We just don't have the energy that we had in our younger days.

My new project in life is building Grizzly Beer Camp. A short ways from our main cabins is Moose Snort Saloon and Beer Garden. The trials to Growler Creek and Bear Ass Camp could use some trail work after the long winter. Chain saws are welcome. ATVs too. Go slow and save the trails. Dogs and kids we love, but please hav ethem under control.

Saturday afternoon is a BBW that we share. It's an open grill and we treat it pot luck style and enjoy it all around the campfire. Normally we share a breakfast brunch on Sunday to start the day, and during the weekend, we might make some trips into Talkeetna for extra fermented treats there.

Our place is easy to find. Go past the Denali Brewery. At Mile 3 on the Talkeetna Spur Road, turn right on Yoder Road. Go straight for six miles to the top of the hill. Turn on S. Southfork Road and go another mile and a half. Just follow the white paper plates and you won't get lost. I sure hope to see you on Memorial Day!

## 2017 Alaska Run for Women

#### by Julie McDonald

Registration is open now for The Great Northern Brewers Club walk/run team, The Brewbies, in the 25th Annual Alaska Run for Women slated for June 10, 2017. See our Facebook event page here: <u>https://www.facebook.com/events/204603863376179/</u>

The Alaska Run for Women is Alaska's premier women's running event that raises money for breast cancer research and support, detection and awareness programs. Although it's women who are doing the walking and running, men are encouraged to participate as volunteers, cheerleaders or phantom donors.

If you haven't participated in the event in the past, this is the year to get involved! You don't have to run, you can walk, or you can run some and walk some, you can stroll leisurely with your friends. Check out this info for more detail:



#### 2017 START TIMES

We start in waves to help decrease congestion along the course.

• 8:30 a.m. 1-mile run/walk start / Corral at 8:10 a.m. (walking or running with small children or don't want to commit to 5 miles)

\* 8:45 a.m. 5-mile TIMED run/walk start / Corral at 8:15 a.m. (competitive either with others or yourself, looking to break that 5 mile PR, working towards your Triple Finisher Patch)

\* 9:00 a.m. 5-mile untimed run/walk start / Corral at 8:30 a.m. (not competitive by a little more serious about your effort than the Party Wave accounts for)

\* 9:10 a.m. 5-mile untimed PARTY WAVE & STROLLERS / Corral at 8:40 a.m. (leisurely walking/strolling/jogging with friends or anyone that is pushing a stroller...strollers are not permitted in any of the other categories)

**To register:** <u>www.akrfw.org</u>, click "Register". \*Be sure to indicate The Great Northern Brewers Club Brewbies under the team selection.

#### \*YOUR ENTRY FEE IS A DONATION!

Your Entry Fee is a donation only. In order to include all women regardless of economic circumstances, there is no set registration fee. There are also no participant processing fees, so more of your donation can continue to be used to help all women and men in the fight against breast cancer. We encourage you to consider a donation at any level to help in the fight against this disease. The recommended registration donation is \$25

\*\*\*\*NOTE: While men may not register to race, they are certainly welcome to come as observers and support their racers on course or at the stadium, they can also volunteer (see the link below)!

\*\*\*\*NOTE: DONATIONS from non-racers are accepted by going here: <u>https://www.akrfwregistration.org/donate/</u> and when you get to the "support a team" section, find Great Northern Brewers Club Brewbies in the drop down menu.

For anyone that cannot run/walk but would like to volunteer, here is the link to volunteer sign up: <u>https://www.akrfwregistration.org/</u>volunteer.php

Please check out the race website, especially the race day information. It has info for shuttles and other things you may want to know.

If interested, contact me, Julie McDonald, juzy@gci.net, 907-240-3688 for more information.

Julie McDonald GNBC Alaska Run for Women team leader - The GNBC Brewbies The Northern Brewer is a monthly newsletter published by the Great Northern Brewers Club for distribution to all club members. Subscriptions are a part of club membership and may be obtained by joining the club. Membership is open to everyone over the age of twenty-one. Please send \$30.99 to:

> Great Northern Brewers Club Attn: Treasurer PMB 1204, 3705 Arctic Blvd Anchorage, AK 99503

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The Great Northern Brewers Club and the American Homebrewers Association remind you to....Savor the Flavor Responsibly



The *Northern Brewer* welcomes letters, opinions, articles, ideas and inquiries. You can contact the editor, Debbie Grecco at:

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NEXT MEETING: May 16, 2017 7:00 PM at 49th State Brewing Company Anchorage